

# Secrets of Natural Horsemanship Trainers

Natural horsemanship is a way to train a horse by engaging with its natural herd instinct. A horse can have many bad habits that can cause big problems for the owner. These bad habits can range from rearing, bolting, bucking or running away. And the result is some horses can be unsafe to be ridden by the owner.

Using training techniques that were used to train wild horses. It works by observing your horse and this enables you to build a natural relationship with your it. So you can start to retrain it.

Using Natural horsemanship to train your horse Prof. Beery was one of the first trainers who used it. He could train them to do anything he wanted them to do.

You see, one thing that natural horsemanship trainers agree on is that a horse won't learn through pain and fear. Pain and fear won't do anything for the relationship that will benefit both you and your animal. The purpose for the whole training is for the horse to be calm and feel safe enough throughout the whole training process. When a horse feels calm and safe you will both bond much quicker which will help the natural horsemanship training.

You'll need to praise its good habits. And anything it does not do correctly you will use reverse pressure techniques to stop this type of behaviour.

The crucial technique is to apply an aversive pressure to the horse this gives them a "cue" for an action that you want them to do. You then release the pressure when the horse reacts. Timing is very important, as your horse learns not only from the pressure itself, but even more so when you release that pressure.

Also with natural horse training you watch the horse's body for any threatening signal such as: ear position, showing of teeth, head position, or swinging of the hips, these and other warning signs help you communicate with your horse. These kinds of behaviour need to be 'nipped in the bud' before they escalate into worse behaviour.

The horse will quickly learn that by making the right decision he will be rewarded by praise and comfort and they quickly they choose that road.

Another thing that is used with natural horsemanship training is that the initial groundwork establishes boundaries between you and your horse and sets up the communication with your horse. Exercises to include are: leading the horse and long reining work.

It's important for the trainer using natural horsemanship to also use there body language with gentle pressure to get the horse to respond. Horses are very quick to form a connection of respect with humans who treat them the right way - firm but fair.

There are a variety of ways to train your horse's behaviour problems but Prof Beery's Natural Horsemanship is a horse training program that can be easily used by any horse owner.

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